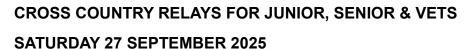
SURREY ATHLETICS

RACE INFORMATION



NONSUCH PARK, STONELEIGH, SURREY, SM3 8AJ

UNDER UKA Rules - Licence No. CC25/1610 - CLUB VESTS MUST BE WORN

CHIP TIMING

We will again use chip timing for these races.

TIMETABLE

We have moved start times back a little and compressed the timetable to allow more time to set up after parkrun.

11:15 U17M	11:18 U17W
11.45 U15B	11.48 U15G
12.15 U13B	12.18 U13G

13.15 SENIORS & VETS; MALE & FEMALE

Young athletes will have separate races for every age group but male and female will share the course with males starting 3 minutes ahead of females.

Young athletes have teams of 3 over a lap or 3km.

Seniors and Vets The lap will be 5km. All ages, male and female, start together.

Category	Team
SM	6
M35	4
M45	4
M55	3
SW	4
W35	3
W45	3
W55	3

(Since 2006 UKA Rules have defined Male Masters / Vets as athletes age 35+. All other Surrey Athletics events, track, field, road and cross country are standardised to this rule. From this year M35 will apply to this relay event.)

ELIGIBILITY: All races will be open to all Clubs affiliated to Surrey Athletics and their members. *Individual athletes do not have to be Surrey eligible.*

2nd claim members whose 1st claim club is NOT affiliated to Surrey Athletics *CAN* run.

2nd claim runners who are 1st claim to a club that is also Surrey affiliated *CANNOT* run even if their first claim club is not entering a team.



MEDALS

For all categories – young athletes, seniors and vets - Medals will be awarded to the first 3 teams in every category. A & B (& C) teams of the same club *may* win medals.

There will be a medal for the runner with the fastest lap in every category.

ENTRIES

Go to Sportsystems at The Surrey Cross Country Relays 2025 | Sport Systems

TEAM MANAGERS should enter TEAMS before midnight on Thursday 25 September. Do not attempt to enter individuals at this stage.

Once team entries close you will get a Google sheet from Sportsystems which you must use to declare your team members.

RACE NUMBERS

Team managers can collect a pack of numbers for each of their teams on the day of the race. The timing chip will be attached to the bib number. It does not have to be returned after the race.

All teams will have 4-character numbers starting with a capital letter A, B, C etc. followed by 3 numbers. Leg 1 runners must wear prefix A, 2nd leg B, etc, etc. Every runner MUST wear the correct number for the leg that they are running:

GETTING THERE: Nonsuch Park runs alongside the A24 London Rd at Stoneleigh.

Public Transport: By Train to Stoneleigh or Cheam. Several bus routes pass the park including 151, 470, X26 and 293

Car parking is not generous. There is a vehicle entrance and 2 car parks in the northeast corner at Cheam gate are two other entrances and car parks from London Rd to the west. Also pedestrian access in the southwest from Castle Av.

You will find some street parking to the west of London Rd at Stoneleigh. There is better street parking although harder to find around Castle Avenue. There is a shoppers car park in Cheam village.

ULEZ – note that the northeast end of the park, Cheam Gate, is in LB Sutton and therefore in the ULEZ zone. Stay at the southern end to avoid ULEZ.

The start and finish area will be close to Nonsuch Mansion house in the centre of the Park where you will find toilets and a small café.

Race Rules

The event will be run under UKA Rules. In addition:

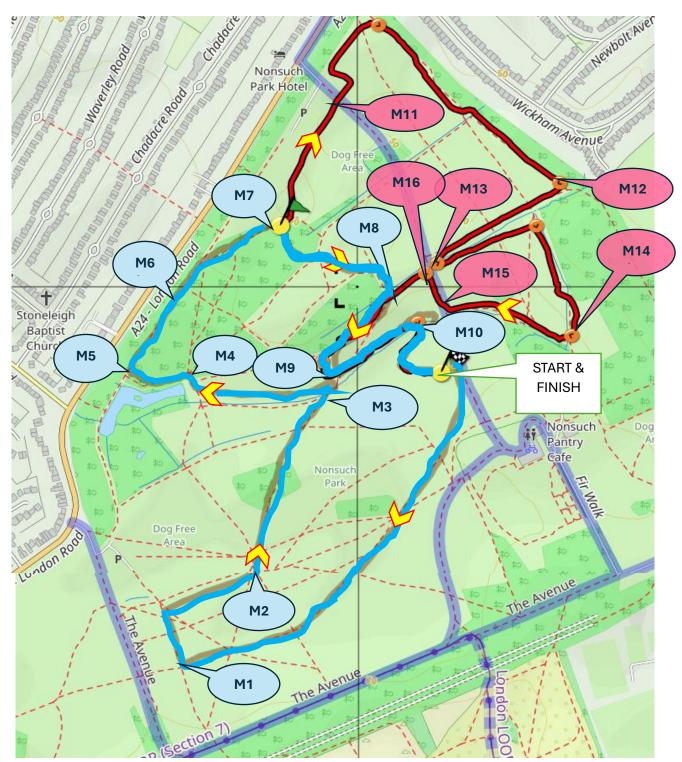
- 1. Incomplete teams will not be classified but individuals will be eligible for fastest lap medals.
- 2. In the senior / vets race, older runners may be included in 'younger' teams, for example a W35 in the SW team. Their lap time is classified in the category in which they compete not their actual age.

Any queries? Contact enduranceofficials@surreyathletics.uk Surrey Athletics

Courses including marshal points

Course for Young Athletes (approx. 3km) BLUE LINE

Course for Senior and Vets Teams (approx. 5km) BLUE LINE TO M7 THEN RED LINE to M8 & BLUE LINE TO FINISH



The course will be marked with orange & yellow flags on the right-hand side of the running line. Some corners will be taped to prevent corner-cutting.